

**Howard County Local Health Improvement Coalition**

Healthy Weight Work Group Meeting

08/15/2019 – 9:00 - 10:30am

**Hybrid Meeting**

*In-person:* Barton A&B (HCHD)

*Virtual:* Register using link: <https://bit.ly/2J7byzf>

Meeting Goal: Provide an update of the Women, Infants, and Children (WIC) Farmer’s Market program and inform attendees about World Breastfeeding Month activities; Review findings of the 2018 Howard County Health Assessment Survey (HCHAS) on Fruit/Vegetable consumption and the Food and Nutrition Survey; and Discuss strategies to increase utilization of Nutrition Education Programs and consumption of fruits and vegetables.

Meeting Agenda

*Meeting will start promptly at 9:00am*

- I. 9:00 – 9:05 Welcome & Introductions
- II. 9:05 – 9:10 Approval of Minutes and Announcements
- III. 9:10 – 9:15 Parks and Recreation Month Update
- IV. 9:15 – 9:30 Women, Infants, and Children (WIC) Update
  - *Farmer’s Market*
  - *World Breastfeeding Month*
- V. 9:30 – 9:35 Howard County Physical Activity – Organized Youth Sports Guide
- VI. 9:35 – 9:50 HCHAS data on Fruit and Vegetable Consumption
- VII. 9:50 – 10:10 Food & Nutrition Survey Results
- VIII. 10:15 – 10:25 Nutrition Education and Fruit/Vegetable consumption discussion
- IX. 10:25 – 10:30 Next Steps for action groups and meeting wrap-up

**Future Meeting Dates:**

**Work Group**

November 14, 2019; 9:00 – 10:30am – Barton A&B

**FULL HCLHIC**

September 26, 2019; 8:30 – 10:30am – Non-Profit Collaborative of Howard County

**Agenda and Minutes:**

Members are encouraged to review the minutes from Full HCLHIC and HCLHIC Work Group Meetings on the website under meeting portal. <http://www.hclhic.org/membership/meeting-portal>

**Member Announcements:**

Members are asked to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming Events: <http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/> . To request an event be added to the HCLHIC Community contact [lhic@howardcountymd.gov](mailto:lhic@howardcountymd.gov) .

**Inclement Weather Policy:**

In the event of inclement weather please note that the HCLHIC will not meet if the Howard County Government and/or the State of Maryland Government are closed.

In the event that the Howard County Government and/or the State of Maryland Government have a delayed opening, meetings scheduled to begin prior to 10:00 a.m. will be cancelled. Meetings that were scheduled to begin after 10:00 a.m. will be held as scheduled.